

“My patients have found the expert support, activities, and friends they have made at Maggie’s extremely helpful in helping them adapt to and cope with their diagnosis and treatment.”

Dr Feng-Yi So,
Consultant Clinical Oncologist, NHS Highlands

Maggie's is the green building in the grounds of Raigmore Hospital, beside the Cancer Services Zone and Old Perth Road.

We're open Monday – Friday, 9am – 5pm.
No referral necessary – just come in.



Maggie's Highlands

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To view our privacy notice, please visit
maggiescentres.org/privacy

Maggie's is a charity funded entirely by the kindness of our donors, fundraising and gifts in wills.
Maggie Keswick Jencks Cancer Caring Centres Trust (Maggie's) is a registered charity, No.SC024414



For cancer support

JUST
COME
IN

MAGGIE'S
Everyone's home of cancer care

If you or someone you care about is diagnosed with cancer, Maggie's can help

Your Maggie's Centre is right here on hospital grounds, a warm, welcoming place where you can meet people who are experiencing the same things you are, find support groups specific to your needs and get advice and information from our professional staff.

Coming to Maggie's can help you to make positive changes to your lifestyle. Our psychological and emotional support has been shown to significantly reduce anxiety and depression.

You don't need an appointment and all our support is free.

Find out more about Maggie's on our website **www.maggiescentres.org**

Our cancer support

Cancer and treatment information

Cancer-specific support groups

Help with understanding and claiming benefits

Exercise and nutrition groups

Support for family and friends

Bereavement support

Relaxation and stress management

“Maggie's made me feel normal at a time when everything in my life was far from normal.”

Cassie, Maggie's Centre visitor

